



**UHA**  
HEALTH INSURANCE

# Attention: UHA Members

## Re: Lab Services

Sometimes doctors order tests to see if you may have a medical condition. These tests are done on blood, urine, stool, and tissue. Their results will help your doctor know if you need more follow-up. However, not all tests are necessary or give the best information about your health.

Testing done in Hawaii is often covered through our local labs. However, testing sent out of state may not be covered, even if ordered by your doctor. Please check your plan coverage before having lab work done that may be sent out of state. You can also call our Customer Services department. We encourage you to ask your doctor if your lab work will be done locally.

For more information that can protect you from unnecessary changes or denial of coverage, please contact:

### **UHA Customer Services**

Oahu: **808-532-4000**

Neighbor Islands (Toll Free): **1-800-458-4600**

Sincerely,

**Kathleen Kozak, MD**

Medical Director

Board Certified on Internal Medicine

Board Certified on Integrative Medicine