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# Services That Require Prior Authorization And/Or Advance Notification Effective July 1, 2021

#### THE FOLLOWING SERVICES REQUIRE PRIOR AUTHORIZATION

## Inpatient and Ambulatory (Outpatient) Procedures

- All ablative treatment for atrial fibrillation
- Ambulatory surgery proposed to be done in an inpatient setting
- Anesthesia services for gastrointestinal endoscopy
- Arthroscopy, hip, surgical; with removal of loose body or foreign body
  - with femoroplasty (CPT 29914)
  - with acetabuloplasty (CPT 29915)
  - o with labral repair (CPT 29916)
- Artificial disc insertion in cervical spine (lumbar NON-COVERED)
- Autologous chondrocyte implantation (knee)
- Balloon sinuplasty
- Blepharoplasty and repair of blepharoptosis;
- Cardiac catheter ablation procedures
- Electromagnetic navigation bronchoscopy
- Gender identity reconstructive surgery
- Hepatic resection, radiofrequency ablation and cryotherapy; chemoembolization, and microsphere radiocolloid infusion/embolization
- Hyperbaric oxygen treatment
- Implantation, revision or repositioning of tunneled intrathecal or epidural catheter
- Implantation or replacement of device for intrathecal or epidural drug infusion
- In vitro fertilization services
- Kyphoplasty and vertebroplasty
- Lung volume reduction
- Nasopharyngoscopy, surgical procedure only
- Organ, bone marrow, and stem cell transplant services: transplant evaluations, organ donor services, transplant procedures
- Osteochondral allograft
- Panniculectomy and abdominoplasty
- Prophylactic mastectomy
- Radiofrequency ablation of miscellaneous solid tumors (Limitations and guidelines apply

- Reduction mammoplasty (not related to breast reconstruction following mastectomy for cancer)
- Rhinectomy; partial (CPT 30150)
- Sleep apnea treatment (See Sleep Apnea Medical Payment Policies for limitations and guidelines)
- Spinal cord stimulator for pain management
- Stereotactic radiosurgery (SRS) and fractioned stereotactic body radiotherapy (SRBT)
- Thoracic sympathectomy for hyperhidrosis
- Tissue-engineered skin substitutes (Limitations and guidelines apply)
- Transcatheter implantation of wireless pulmonary artery pressure sensor
- Transcatheter insertion or replacement of permanent leadless pacemaker
- Transcatheter mitral valve repair
- Transcatheter pulmonary valve implantation
- Transmyocardial laser revascularization
- Treatment of hepatic neoplasms that are being considered for treatment outside of systemic chemotherapy alone
- Treatment of operable prostate cancer
- Treatment of varicose veins (Limitations and guidelines apply)

#### COSMETIC PROCEDURES ARE NON-COVERED SERVICES

For the most current list of cosmetic procedures, visit our website at <a href="mailto:uhahealth.com/forms#providers">uhahealth.com/forms#providers</a>. If a procedure or service could conceivably be considered to be cosmetic or investigational in nature, a prior authorization review is required. If a denial for services is issued and complications result in additional medical procedures, members may be financially responsible for those additional services.

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#### PLEASE NOTE:

- UHA requires that all participating providers participate with its prior authorization, concurrent, and retrospective review activities.
- This list is subject to change without prior notice.
- The most current list is available at: uhahealth.com/forms#providers.

#### Diagnostic Testing and Radiology Procedures

- Adalimumab test
- Charged-particle (Proton or Helium Ion) radiation therapy
- CTCA (Computerized Tomography of the Coronary Arteries CPT 75571 is NON-COVERED)
- CCTA (Coronary Computed Tomography Angiography)
- Electroencephalographic (EEG) monitoring services (CPT 95700-95726)
- Infliximab test
- Genetic testing (CYP450 genotyping does not require PA but limitations and guidelines apply)
- Oncotype DX

- PET scans
- Posaconazole test
- Psychological testing (exclude for bariatric procedure)
- Remote monitoring of physiologic parameter(s)
- Remote physiologic monitoring treatment management services
- Sleep studies (See Sleep Apnea Medical Payment Policies for limitations and guidelines)
- Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment (CPT 90868-90869)
- Virtual colonoscopy (Limitations and guidelines apply)
- Radiopharmaceutical localization of tumor (CPT 78830-78832, 78835)

# **Durable Medical Equipment (DME) and Supplies**

- Continuous glucose monitoring system
- Custom fabricated medical items
- Durable medical equipment purchase greater than \$500
- Durable medical equipment rental greater than \$100/month
- Durable medical equipment repair and maintenance
- External insulin pump
- Home ventilator
- Negative pressure wound therapy
- Oscillatory device for bronchial drainage

- Power mobility devices and push-rim activated power assist devices
- Pulse oximeter for home use (children and adult)
- Spinal cord stimulators for pain management
- Wheelchairs: Pediatric (HCPCS E1231-E1234) and adult (HCPCS K0004, K0005, K0009)

#### **Out-of-State Services**

- For members living in Hawaii:
  - ALL out-of-state requests (require at least 2 weeks for processing)
- For members on the mainland, in addition to services listed on this PA:
  - o ALL ASC or hospital based elective procedures
  - ALL advanced imaging

#### **Prosthetics**

Prosthetics with a cost greater than \$500

Endoskeletal knee-shin system (L5859)

#### Rehabilitative and Therapy Services

- Applied behavior analysis for autism spectrum disorders (See ABA policy for limitations and guidelines)
- Habilitative services
- Intensive Cardiac Rehabilitation (Ornish) (PA required for participation in the program. No PA needed for referral for initial evaluation).
- Physical and Occupational Therapy [following 32 units (1 unit = 15 minutes) or 8 one-hour sessions per calendar year]. Payment is limited to 4 units/session.
- Pulmonary rehabilitation
- Residential treatment for chemical dependence (only for facility non-participating providers and out-of-state treatments)
- Speech therapy

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Home Health Services	
Home health services following 12 visits	<ul> <li>Home total parenteral nutrition for adults</li> <li>Home IV antibiotic Therapy when not ordered and supervised by Infectious Diseases Specialist</li> </ul>
Miscellaneous Services	
<ul> <li>Chimeric Antigen Receptor (CAR) T-Cell Therapy</li> <li>Cologuard as a choice for Colorectal Cancer Screening (limitations and guidelines apply)</li> <li>Cystourethroscopy with insertion of permanent adjustable transprostatic implant</li> <li>Experimental and investigational services</li> </ul>	<ul> <li>Gender identity services</li> <li>Growth hormone therapy</li> <li>Hepatitis C Treatment (limitations and guidelines apply)</li> <li>Oral surgery</li> <li>Orthodontic services for orofacial anomalies</li> </ul>

Providers may submit Prior Authorization requests for medical services online at uhahealth.com/providerportal



## PRESCRIPTION DRUG PRIOR AUTHORIZATION

For a list of prescription medications that require Prior Authorization, please see uhahealth.com/webForms/drugsearch.

For questions about your drug coverage, please call:

Express Scripts Customer Service: 1-855-891-7978 Pharmacists may call: 1-800-922-1557

Providers may submit Prescription Prior Authorization requests online by visiting express-path.com.

## THE FOLLOWING SERVICES REQUIRE ADVANCE NOTIFICATION

#### **Elective Hospital Admissions**

72 hours' advance notification is required for elective hospital admissions (including skilled nursing facilities and rehabilitation facilities) when possible. UHA requires notification of emergency and non-elective admissions within one (1) business day of admission.

## **Chemical Dependency/Substance Abuse Residential Treatment**

72 hours advance notification is required for chemical dependency/substance abuse treatment.

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