

COVID-19 Diagnostic Testing

I. Policy

University Health Alliance (UHA) will cover COVID-19 Diagnostic Testing when the test is, at the time of service, congruent with updated CDC guidelines. Coverage is subject to change contingent upon evolving CDC guidelines (https://www.cdc.gov/coronavirus/2019-ncov/testing/diagnostic-testing.html), as referenced below. UHA will not cover non-diagnostic testing. UHA follows both federal and state guidelines and mandates.

II. Criteria/Guidelines

- A. CDC recommends the following individuals should obtain COVID-19 diagnostic testing:
 - 1. People who have symptoms of COVID-19
 - a. People who are fully vaccinated with the COVID-19 vaccine should be evaluated by their healthcare provider and tested for COVID-19 if indicated.
 - People without symptoms of COVID-19
 - a. People not fully vaccinated with the COVID-19 vaccine who have had close contact with someone with confirmed COVID-19 (including a person who does not have symptoms within 10 days of their positive test result).
 - b. People not fully vaccinated with the COVID-19 vaccine who have taken part in activities that put them at higher risk for COVID-19, such as attending large social or mass gatherings, or being in crowded indoor settings.
 - c. People not fully vaccinated with the COVID-19 vaccine who are prioritized for expanded community screening for COVID-19.
 - d. People not fully vaccinated with the COVID-19 vaccine who have been asked or referred to get tested by their school, workplace, healthcare provider, state, tribal, local, or territorial health department.
- B. CDC recommends the following people who have been exposed to someone with COVID-19 do not need to get tested if they do not have COVID-19 symptoms:
 - 1. People who are fully vaccinated with COVID-19 vaccine not living in a congregate setting.
 - a. For residents in non-healthcare congregate settings (e.g. correctional and detention facilities, group homes) and employees of residential congregate settings and high-density workplaces (e.g. meat and poultry processing and manufacturing plants), refer to CDC's recommendations for fully vaccinated people at https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html.
 - 2. People who have tested positive for COVID-19 within the past 3 months and recovered, as long as they do not develop new symptoms

NOTE:

This UHA payment policy is a guide to coverage, the need for prior authorization and other administrative directives. It is not meant to provide instruction in the practice of medicine, and it should not deter a provider from expressing his/her judgment.

Even though this payment policy may indicate that a particular service or supply is considered covered, specific provider contract terms and/or members' individual benefit plans may apply, and this policy is not a guarantee of payment. UHA reserves the right to apply this payment policy to all UHA companies and subsidiaries.

UHA understands that opinions about and approaches to clinical problems may vary. Questions concerning medical necessity (see Hawaii Revised Statutes §432E-1.4) are welcome. A provider may request that UHA reconsider the application of the medical necessity criteria in light of any supporting documentation through direct peer communication.

III. Administrative Guidelines

- A. Prior authorization is not required.
- B. UHA reserves the right to perform retrospective review using the above criteria to validate that services rendered met payment determination.

IV. Policy History

Policy Number: MPP-0136-210603 Current Effective Date: 06/03/2021

Original Document Effective Date: 06/03/2021

Previous Revision Dates: N/A PAC Approved Date: TBD

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